

Service Guide

2024 to 2025





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https://divergenthealth.au



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NDIS Plan Managed

NDIS funding managed by a registered plan manager.





NIDS Self

Managed

NDIS funding managed by a the client directly.



Department of Veterans' Affairs

Funding provided by the DVA.





Private Health Funded

Funding provided by a clients private health care.



Medicare with Refferal

Self funded with a Medicare rebate when a doctors submits a refferal.





Fi di

Self Funded

Funding provided directly by the client or nominee.

How can We help?

We are a multidisciplinary allied health practice committed to helping individuals develop essential skills, enhance independence, and foster community participation in a collaborative and supportive environment.

Our services include occupational therapy, art therapy, speech therapy, and group therapy, all of which fall under the NDIS budget <u>Capacity Building—Improved Daily Living</u>. These services are designed to meet the needs of neurodivergent individuals.

Whether you require targeted support in a specific area or a comprehensive approach that integrates multiple therapies, we are dedicated to helping you achieve your goals and improve your quality of life.

Occupational Therapy

OT

A personalised approach that helps individuals achieve independence in all facets of their lives through the therapeutic use of daily activities.

Art Therapy



A creative form of expression used to enhance mental well-being and resolve conflicts by tapping into emotional and subconscious aspects through various art forms.

Speech Therapy



Focused on improving communication skills, this therapy assists individuals in overcoming challenges with speech, language, and swallowing.

Why look to us?

Our therapy is built on the foundation of lived experience, provided by a dedicated team of qualified therapists. We offer a neurodiversity-affirming approach that respects and celebrates individual differences. Our evidence-based delivery ensures that each intervention is grounded in the latest research and best practices, and our client-led services empower you to participate actively in your therapeutic journey.

For a complete understanding of who we are, please see our team guide:

https://divergenthealth.au/documents/team-guide.pdf.



Where can you receive our supports?

We offer therapy sessions delivered in our Lake Macquarie clinic, schools, childcare centres, or your preferred location. Our goal is to remove any barriers that may hinder our clients from receiving the best possible care.

In Clinic

You can visit our Lake
Macquarie location at 34B
Kelton Street, Cardiff 2285.
We can cater to
Neurodivergent Individuals by
providing amenities such as
low-light environments.

Visitation

We offer support for schools, childcare centres, and homes in Lake Macquarie and Newcastle regions. Contact us for assistance in Maitland and the North Coast.

Telehealth

We provide nationwide
Telehealth consultations via
Google Meet for clients who
prefer the comfort of their
homes or are located
outside our service area.

What to expect from us?

Initial Appointment

Your therapist will get to know you with an interview-style appointment to gain an indepth understanding of who you are.

Ongoing Appointments

Take part in the therapeutic process weekly, fortnightly or monthly.

Goal and Therapy Review

See how far you have come, set out goals for the next therapy period and give us feedback on how we can improve.

>>>



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01

Meet and Greet

A free chance to meet your therapist and have the opportunity to ask any burning questions.



02

Work with your therapist to establish therapy goals for the next 12 or 24 weeks.

Initial Goal

Setting

Appointment

03



Ongoing Assessments

Complete any assessments you and your therapist deem necessary, such as the well-known WHODAS, to track your progress.



05







When can you start benefitting?

OT

Occupational Therapy
Two to four weeks wait time

ST

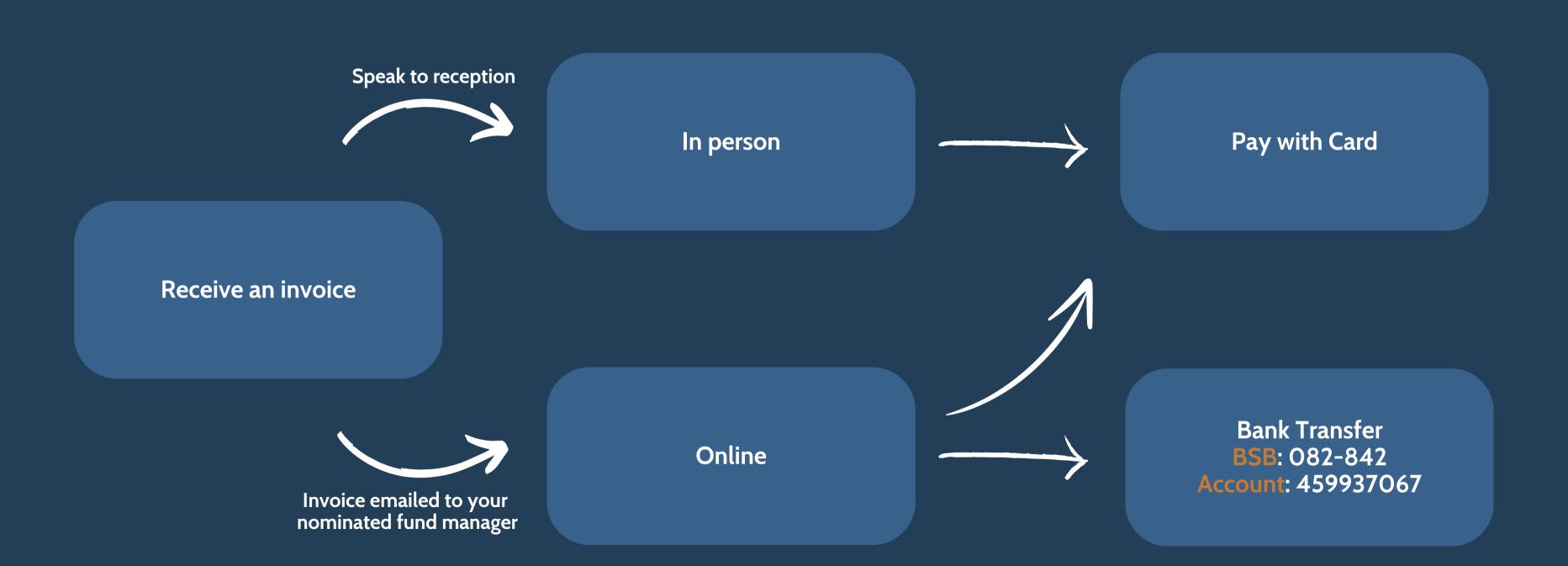
Speech Therapy
Two to four weeks wait time



AT

Art Therapy
One to two weeks wait time

Which payment methods do we offer?



What Are Our Prices? (Therapy)

Support	With	Purpose	Time	Fee
Early Childhood Supports	Art, Speech & Occupational Therapist	Aims to provide young children with the early interventions they need, fostering growth, learning, and development.	1 hour	\$193.99
Assessment Recommenda tion Therapy	Art, Speech & Occupational Therapist	Professional determination that outlines specific therapeutic interventions needed to support an individual's goals and improve their daily functioning.	1 hour	\$193.99
Face-to-Face Therapy	Art, Speech & Occupational Therapist	Provide tailored, compassionate therapy that empowers individuals to navigate their world with confidence.	1 hour	\$193.99

What Are Our Prices? (Operating)

Support	With	Purpose	Time	Fee
Resource Development	Art, Speech & Occupational Therapist	Development of resources for the participant.	10 minutes blocks	\$32.33
Paperwork, forms, letters, emails, calls	Art, Speech & Occupational Therapist	Completion of paperwork and written communication with other agencies or medical professionals.	10 minutes blocks	\$387.98 to \$581.97
Meetings and collaboration	Art, Speech & Occupational Therapist	Meetings and collaboration with other professional(s) involved in working with the participant (parents, medical, education, NDIS, other allied health professionals.	10 minutes blocks	\$193.99 to \$387.98

What Are Our Prices? (Assessments)

Support	With	Purpose	Time	Fee
Sensory Assessment	Occupational Therapist	For children and adults who experience sensory overwhelm or emotional dysregulation to different sensations.	3 to 4 hours	\$581.97 to \$775.96
Short Functional Assessment	Occupational Therapist	A short version of the functional capacity assessment to gain a general overview of current daily life skills	2 to 3 hours	\$387.98 to \$581.97
Functional Capacity Assessment	Occupational Therapist	For clients to gain a full understanding of their current capacity in daily life skills and recommendations of supports.	10 to 14 hours	\$1939.9 to \$2715.86

What Are Our Prices? (Assessments)

Support	With	Purpose	Time	Fee
Handwriting Assessment	Occupational Therapist	For children and adolescents concerns with handwriting speed or legibility	2 to 3 hours	\$387.98 to \$581.97
Coordination Assessment	Occupational Therapist	For children with concerns of their movement skills and coordination	1 to 2 hours	\$193.99 to \$387.98
Swallow Assessment	Speech Therapist	For concerns of swallowing difficulties, mealtime management plans, assessments for neurodegenerative disease like Parkinson's, swallow reviews after stroke.	2 to 3 hours	\$387.98 to \$581.97

What Are Our Prices? (Assessments)

Support	With	Purpose	Time	Fee
Literacy Assessment	Speech Therapist	For children and adolescence concerns with literacy, reading, and comprehension skills.	2 to 3 hours	\$387.98 to \$581.97
Speech Assessment	Speech Therapist	For children to assess the sounds and words they are saying.	1 to 2 hours	\$193.99 to \$387.98
Language Assessment	Speech Therapist	For clients having difficulty understanding and/or expressing their wants/needs/thoughts.	2 to 3 hours	\$387.98 to \$581.97
Feeding Assessment	Speech Therapist	Children (and adults) concerns of picky eating, food aversions, oral motor concerns, etc	1 to 2 hours	\$193.99 to \$387.98



What are our Policies?

We are dedicated to transparency, prioritising safety, and striving for excellence in all our operations. We encourage you to review our policies to understand how we conduct our supports and manage our client interactions.

Want to get in contact with us? Reach out to:

- contact@divergenthealth.com.au for questions; or
- **feedback@divergenthealth.com.au** for feedback: or
- incidents@divergenthealth.com.au for incidents; or
- payments@divergenthealth.com.au for payments; or
- complaints@divergenthealth.com.au for complaints.

Payments

We are committed to keeping our fees as simple, transparent and accessible as possible, therefore we:

- Bill our support against the NDIS support budget of Capacity Building—Improved Daily Living; and
- Send an invoice for each support to an email address nominated by you; and
- Expect each invoice to be paid within one week of receipt;
- Do not charge for activities that take less than 10 minutes, this includes communication and other ad-hoc short time frames; and
- We cap the one-way travel time fee at a maximum of 30 minutes. The cost is calculated with our support fee of \$193.99 per hour.

Have a question or concern about payments? Please call O403.623.965 or email payments@divergenthealth.com.au.



You can view our complete cancelation policy at https://divergenthealth.au/documents/payments-policy.pdf

Cancellations

Short-notice cancellations will result in a fee at the standard rate. An appointment is considered to be a short-notice cancellation if one of the following conditions is true:

- A change or cancellation to an appointment date/time is requested with less than 1 clear business day remaining before the appointment;
- The participant is not at the agreed location within a reasonable span of time;
- The participant does not grant access to the agreed location within a reasonable span of time;
- The agreed location is deemed **unsafe**;

We're committed to handling cancellations as leniently as possible. If you are concerned about how we handled a cancellation, please call <u>0403 623 965</u> or email us at <u>cancellations@divergenthealth.com.au</u>.

You can view our complete cancellation policy at

https://divergenthealth.au/documents/cancelation-policy.pdf



Privacy

We take your privacy seriously and protect the personal information of our clients and employees. We may collect information regarding your identity, contact information, NDIS plan details, and other needed medical data. We ensure that all information is kept safe and will correct or address any privacy breaches. Our policy applies to all sensitive information and third-party links.

We're committed to responding to all privacy questions within three business days of receiving them. If you have a question about privacy, please call <u>0403 623 965</u> or email <u>privacy@divergenthealth.com.au</u>.



You can view our complete privacy policy at

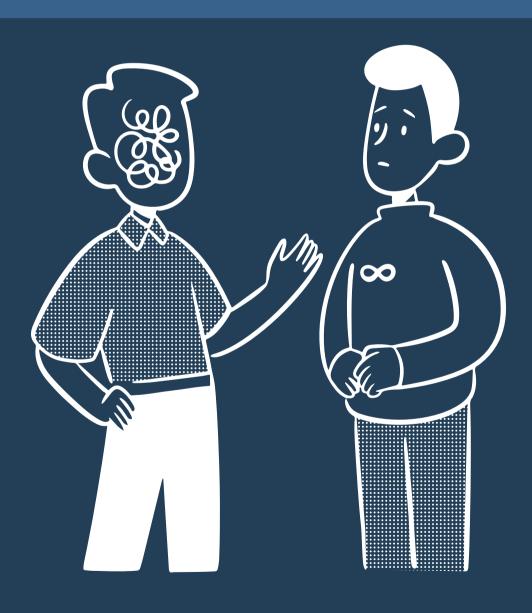
https://divergenthealth.au/documents/privacy-policy.pdf

Policies Complaints

Our utmost priority is privacy and confidentiality of complaints. We are unwavering in our commitment to treating all complaints from clients, families, caregivers, service providers, and regulators speedily, fairly and respectfully.

We're committed to responding to all complaints within three business days of being reported. If you have a complaint, please call <u>0403 623 965</u> or email <u>complaints@divergenthealth.com.au</u>.

You can view our complete complaint policy at https://divergenthealth.au/documents/complaint-policy.pdf



Incident Management

We prioritise our clients and team members' health, safety, welfare, and well-being. We aim to minimise potential harm to our clients and our team while maintaining their trust and confidence in us.

We're committed to responding to all incidents within **two business days** of being reported. If there is incident that needs to be reported, please call <u>0403 623 965</u> or email <u>incidents@divergenthealth.com.au</u>.



You can view our complete incidentmanagement policy at https://divergenthealth.au/documents/ /incident-management-policy.pdf